

221. 年齢別児童

注：45年は東海ブロックの平均値である。
胸囲については平成7年度より調査事項から削除された。

| 区 分 | 幼稚園 | | 小学校 | | | | | | | | | |
|----------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | 5 歳 | | 6 | | 7 | | 8 | | 9 | | 10 | |
| | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 |
| 身長(cm) | | | | | | | | | | | | |
| 昭和 35 年度 | 106.5 | 105.7 | 111.5 | 110.5 | 116.9 | 115.7 | 121.8 | 121.2 | 126.6 | 126.3 | 131.5 | 131.6 |
| 40 | 108.0 | 107.1 | 113.3 | 112.2 | 118.7 | 117.5 | 123.7 | 123.0 | 128.6 | 128.2 | 133.4 | 134.0 |
| 45 | 109.6 | 108.4 | 114.2 | 113.5 | 119.8 | 119.4 | 125.6 | 124.2 | 130.0 | 129.4 | 135.3 | 136.3 |
| 50 | 109.2 | 108.3 | 114.7 | 114.0 | 120.2 | 119.8 | 125.5 | 124.9 | 131.2 | 131.2 | 136.0 | 137.4 |
| 55 | 109.9 | 109.2 | 115.6 | 114.7 | 121.3 | 120.3 | 126.2 | 125.7 | 131.9 | 131.6 | 136.9 | 137.6 |
| 60 | 110.0 | 109.3 | 115.8 | 115.3 | 121.7 | 121.0 | 127.6 | 126.4 | 132.0 | 132.1 | 137.3 | 138.6 |
| 平成 2 | 110.4 | 109.7 | 116.4 | 115.6 | 122.0 | 121.3 | 127.7 | 127.1 | 132.8 | 132.8 | 138.1 | 138.9 |
| 5 | 110.2 | 109.4 | 116.4 | 116.1 | 121.9 | 121.3 | 127.5 | 127.4 | 132.8 | 133.1 | 138.2 | 139.2 |
| 6 | 110.3 | 109.7 | 116.6 | 115.8 | 121.8 | 121.6 | 127.7 | 127.1 | 133.3 | 132.8 | 138.5 | 139.3 |
| 7 | 110.5 | 109.7 | 116.5 | 116.0 | 122.1 | 121.2 | 127.8 | 127.1 | 133.1 | 132.9 | 138.4 | 139.4 |
| 8 | 110.3 | 109.8 | 116.5 | 115.7 | 122.4 | 121.5 | 127.5 | 127.3 | 133.4 | 133.1 | 138.9 | 139.9 |
| 9 | 110.2 | 109.8 | 116.3 | 115.5 | 122.8 | 121.7 | 127.9 | 127.6 | 133.1 | 133.7 | 138.3 | 140.2 |
| 10 | 110.6 | 109.7 | 116.5 | 115.6 | 122.1 | 121.6 | 127.7 | 127.3 | 133.2 | 133.0 | 138.2 | 140.1 |
| 体重(kg) | | | | | | | | | | | | |
| 昭和 35 年度 | 17.5 | 17.0 | 18.9 | 18.4 | 21.0 | 20.3 | 23.1 | 22.6 | 25.3 | 25.2 | 27.8 | 27.9 |
| 40 | 17.9 | 17.5 | 19.3 | 18.9 | 21.6 | 20.9 | 23.8 | 23.4 | 26.2 | 25.9 | 28.9 | 29.1 |
| 45 | 18.6 | 18.1 | 19.9 | 19.6 | 22.2 | 21.9 | 25.0 | 24.2 | 27.4 | 27.0 | 30.5 | 30.8 |
| 50 | 18.4 | 17.9 | 20.2 | 19.8 | 22.5 | 22.2 | 25.0 | 24.6 | 28.2 | 28.0 | 30.9 | 31.7 |
| 55 | 18.8 | 18.6 | 20.6 | 20.1 | 22.9 | 22.6 | 25.5 | 25.0 | 28.9 | 28.2 | 31.4 | 31.3 |
| 60 | 18.8 | 18.5 | 20.8 | 20.5 | 23.6 | 23.0 | 26.3 | 25.6 | 28.9 | 28.8 | 32.4 | 32.8 |
| 平成 2 | 19.1 | 18.8 | 21.2 | 21.0 | 23.6 | 23.0 | 26.5 | 26.2 | 29.7 | 29.5 | 33.5 | 33.3 |
| 5 | 19.1 | 18.8 | 21.3 | 21.2 | 23.7 | 23.5 | 26.7 | 26.6 | 30.3 | 29.6 | 33.5 | 33.9 |
| 6 | 19.1 | 18.8 | 21.3 | 21.1 | 23.6 | 23.5 | 26.8 | 26.5 | 30.2 | 29.4 | 33.7 | 33.8 |
| 7 | 19.2 | 18.9 | 21.5 | 21.1 | 23.8 | 23.2 | 27.2 | 26.3 | 29.9 | 29.9 | 33.6 | 34.1 |
| 8 | 19.1 | 18.9 | 21.6 | 21.0 | 24.3 | 23.7 | 27.1 | 26.8 | 30.9 | 30.1 | 34.1 | 34.5 |
| 9 | 19.1 | 18.8 | 21.7 | 21.2 | 24.3 | 23.6 | 27.1 | 26.8 | 30.7 | 30.6 | 34.2 | 34.3 |
| 10 | 19.3 | 18.7 | 21.4 | 20.9 | 24.1 | 23.5 | 27.1 | 26.4 | 30.7 | 30.0 | 34.2 | 34.5 |
| 胸 囲(cm) | | | | | | | | | | | | |
| 昭和 35 年度 | 54.9 | 53.5 | 56.3 | 54.9 | 58.3 | 56.5 | 60.1 | 58.5 | 62.0 | 60.7 | 64.0 | 62.8 |
| 40 | 55.2 | 53.9 | 56.9 | 55.3 | 59.0 | 57.1 | 60.8 | 59.1 | 63.0 | 61.3 | 64.9 | 63.9 |
| 45 | 56.0 | 54.9 | 57.0 | 55.7 | 59.0 | 57.4 | 61.1 | 59.2 | 63.0 | 61.4 | 65.8 | 65.3 |
| 50 | 55.8 | 54.5 | 56.7 | 55.9 | 59.4 | 58.0 | 61.4 | 60.1 | 63.8 | 62.6 | 66.1 | 65.7 |
| 55 | 55.7 | 54.5 | 57.4 | 56.1 | 59.6 | 58.4 | 61.4 | 60.3 | 64.4 | 62.8 | 66.1 | 65.3 |
| 60 | 55.9 | 54.9 | 57.6 | 56.3 | 60.1 | 58.5 | 62.2 | 60.7 | 64.2 | 63.2 | 66.8 | 66.4 |
| 63 | 56.0 | 54.6 | 57.9 | 56.6 | 60.0 | 58.4 | 62.5 | 61.1 | 64.7 | 63.9 | 67.6 | 67.3 |
| 平成 3 | 56.2 | 55.1 | 57.6 | 56.5 | 60.4 | 58.5 | 62.5 | 60.8 | 65.3 | 63.6 | 68.0 | 66.6 |
| 4 | 56.0 | 55.0 | 57.6 | 56.7 | 59.8 | 58.6 | 62.5 | 60.8 | 64.8 | 63.6 | 67.7 | 67.0 |
| 5 | 56.0 | 54.7 | 58.0 | 57.0 | 59.9 | 58.8 | 62.3 | 61.4 | 65.2 | 63.7 | 67.8 | 67.4 |
| 6 | 56.0 | 55.0 | 57.9 | 56.9 | 66.0 | 58.8 | 62.5 | 61.3 | 65.1 | 63.6 | 67.8 | 67.1 |
| 座 高(cm) | | | | | | | | | | | | |
| 昭和 35 年度 | 61.4 | 60.6 | 63.3 | 62.9 | 65.8 | 65.2 | 68.6 | 67.9 | 70.3 | 70.3 | 72.4 | 72.9 |
| 40 | 61.6 | 61.2 | 63.8 | 63.4 | 66.5 | 65.8 | 68.8 | 68.5 | 71.1 | 70.8 | 73.1 | 73.6 |
| 45 | 61.9 | 61.1 | 64.2 | 63.8 | 66.7 | 66.3 | 69.5 | 68.6 | 71.4 | 71.2 | 73.4 | 74.0 |
| 50 | 61.9 | 61.4 | 64.4 | 64.1 | 66.9 | 66.7 | 69.4 | 69.0 | 71.8 | 71.9 | 73.8 | 74.5 |
| 55 | 62.3 | 61.9 | 64.7 | 64.2 | 67.4 | 66.6 | 69.4 | 69.1 | 72.1 | 71.7 | 73.9 | 74.4 |
| 60 | 62.3 | 61.7 | 65.0 | 64.5 | 67.4 | 67.2 | 70.1 | 69.4 | 71.9 | 72.0 | 74.2 | 75.0 |
| 平成 2 | 62.4 | 61.9 | 64.9 | 64.6 | 67.7 | 67.2 | 70.2 | 69.8 | 72.3 | 72.4 | 74.6 | 75.3 |
| 5 | 62.2 | 61.7 | 64.9 | 64.8 | 67.5 | 67.3 | 69.9 | 69.8 | 72.4 | 72.6 | 74.7 | 75.5 |
| 6 | 62.1 | 61.9 | 65.0 | 64.8 | 67.6 | 67.4 | 70.2 | 70.1 | 72.6 | 72.5 | 75.0 | 75.6 |
| 7 | 62.1 | 61.7 | 65.0 | 64.8 | 67.6 | 67.2 | 70.4 | 70.1 | 72.7 | 72.8 | 74.9 | 75.8 |
| 8 | 62.1 | 61.8 | 65.0 | 64.7 | 67.7 | 67.4 | 70.1 | 70.2 | 72.9 | 72.6 | 75.1 | 76.1 |
| 9 | 62.0 | 61.7 | 65.0 | 64.7 | 68.0 | 67.5 | 70.3 | 70.2 | 72.7 | 73.1 | 74.8 | 75.9 |
| 10 | 62.2 | 61.8 | 64.9 | 64.4 | 67.5 | 67.4 | 70.2 | 70.0 | 72.6 | 72.7 | 74.7 | 76.0 |

・ 生徒の体格

| | | 中 学 校 | | | | | | 高 等 学 校 | | | | | |
|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 11 | | 12 | | 13 | | 14 | | 15 | | 16 | | 17 | |
| 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 |
| 136.1 | 138.0 | 141.6 | 143.7 | 148.0 | 148.0 | 155.1 | 151.0 | 159.6 | 152.7 | 163.7 | 153.2 | 164.8 | 153.7 |
| 138.4 | 140.1 | 144.3 | 146.2 | 151.2 | 150.2 | 158.0 | 152.6 | 163.8 | 154.2 | 165.4 | 154.6 | 166.8 | 154.9 |
| 140.2 | 142.8 | 146.2 | 148.3 | 154.3 | 151.7 | 160.3 | 154.3 | 164.0 | 155.1 | 167.0 | 156.1 | 168.4 | 155.7 |
| 141.6 | 143.7 | 147.8 | 149.3 | 155.1 | 152.8 | 161.8 | 155.0 | 166.2 | 156.1 | 168.4 | 156.3 | 169.0 | 156.4 |
| 142.2 | 144.2 | 149.6 | 150.3 | 156.1 | 153.4 | 163.3 | 155.8 | 166.5 | 156.8 | 169.0 | 156.8 | 169.7 | 156.9 |
| 142.7 | 145.6 | 149.8 | 150.9 | 156.8 | 154.1 | 164.0 | 156.4 | 167.0 | 156.7 | 169.2 | 157.3 | 169.2 | 157.5 |
| 143.9 | 145.6 | 151.1 | 151.2 | 158.3 | 154.6 | 164.3 | 156.5 | 167.9 | 157.3 | 169.3 | 158.1 | 170.2 | 158.0 |
| 144.1 | 145.7 | 151.3 | 151.2 | 159.0 | 154.9 | 165.0 | 156.5 | 168.1 | 158.0 | 170.3 | 157.8 | 170.6 | 158.5 |
| 144.7 | 146.6 | 151.7 | 151.7 | 158.8 | 154.7 | 164.7 | 156.4 | 168.3 | 157.4 | 170.2 | 157.7 | 170.2 | 157.8 |
| 144.4 | 146.5 | 151.4 | 151.7 | 159.1 | 154.8 | 165.0 | 156.5 | 167.9 | 157.6 | 169.6 | 158.1 | 170.6 | 158.0 |
| 144.7 | 146.7 | 151.6 | 152.2 | 159.3 | 155.0 | 164.4 | 156.3 | 168.1 | 157.5 | 169.7 | 158.0 | 170.7 | 157.7 |
| 145.1 | 146.8 | 152.0 | 152.1 | 158.6 | 154.8 | 164.7 | 156.5 | 167.9 | 156.9 | 169.3 | 157.8 | 170.6 | 157.9 |
| 144.8 | 146.8 | 151.9 | 151.9 | 159.4 | 155.2 | 164.7 | 156.7 | 168.0 | 157.3 | 169.7 | 158.2 | 170.7 | 158.1 |
| | | | | | | | | | | | | | |
| 30.7 | 31.9 | 34.1 | 36.5 | 39.1 | 40.9 | 45.1 | 45.3 | 50.4 | 47.8 | 53.7 | 49.2 | 55.6 | 50.0 |
| 32.0 | 33.2 | 36.4 | 37.8 | 41.2 | 42.9 | 47.6 | 46.1 | 52.2 | 48.6 | 55.0 | 50.2 | 57.0 | 51.0 |
| 33.4 | 35.7 | 37.4 | 40.2 | 43.9 | 44.9 | 48.8 | 48.2 | 53.0 | 50.1 | 56.3 | 52.1 | 58.6 | 51.7 |
| 34.6 | 36.0 | 39.0 | 41.1 | 44.5 | 45.5 | 50.3 | 48.3 | 55.2 | 50.4 | 57.6 | 51.5 | 58.9 | 52.1 |
| 35.4 | 36.2 | 40.7 | 41.9 | 45.4 | 45.6 | 51.8 | 48.9 | 56.0 | 51.0 | 59.2 | 51.5 | 60.3 | 52.1 |
| 36.2 | 37.5 | 41.1 | 43.0 | 45.9 | 46.2 | 52.5 | 49.6 | 56.4 | 51.2 | 59.3 | 52.2 | 60.2 | 52.1 |
| 37.0 | 38.1 | 42.6 | 43.4 | 48.2 | 46.8 | 53.5 | 49.9 | 58.5 | 51.8 | 60.7 | 52.5 | 61.2 | 52.2 |
| 37.8 | 38.3 | 43.1 | 43.1 | 48.5 | 47.1 | 54.5 | 49.9 | 57.7 | 51.9 | 61.3 | 52.2 | 62.2 | 52.3 |
| 38.2 | 39.2 | 43.2 | 43.8 | 48.5 | 46.9 | 53.3 | 49.8 | 58.6 | 51.9 | 61.1 | 52.7 | 61.4 | 51.8 |
| 37.7 | 39.0 | 42.4 | 43.9 | 49.0 | 47.2 | 53.7 | 49.8 | 58.1 | 51.7 | 60.4 | 52.6 | 61.6 | 52.1 |
| 38.1 | 39.4 | 43.5 | 44.3 | 49.2 | 47.7 | 53.6 | 49.9 | 59.5 | 51.4 | 60.4 | 52.9 | 62.1 | 52.4 |
| 39.1 | 39.5 | 43.5 | 43.8 | 48.3 | 47.6 | 54.2 | 49.8 | 58.5 | 52.0 | 60.8 | 52.9 | 61.4 | 52.9 |
| 38.5 | 40.1 | 43.8 | 44.4 | 49.3 | 47.7 | 54.3 | 50.3 | 58.6 | 50.9 | 60.8 | 51.7 | 61.7 | 52.4 |
| | | | | | | | | | | | | | |
| 66.1 | 66.2 | 68.7 | 70.3 | 72.2 | 73.6 | 76.9 | 77.0 | 80.1 | 79.2 | 82.1 | 80.0 | 84.0 | 81.2 |
| 67.1 | 67.0 | 69.8 | 71.2 | 73.4 | 74.7 | 77.5 | 77.4 | 81.5 | 80.3 | 83.9 | 80.9 | 86.1 | 81.2 |
| 67.9 | 69.1 | 70.8 | 72.8 | 75.0 | 76.2 | 78.2 | 78.6 | 81.1 | 80.1 | 83.7 | 81.0 | 86.0 | 80.3 |
| 68.6 | 69.3 | 71.7 | 73.8 | 75.2 | 76.9 | 79.0 | 79.1 | 82.8 | 80.6 | 84.4 | 81.4 | 86.2 | 81.8 |
| 69.0 | 69.3 | 72.5 | 74.1 | 75.4 | 77.0 | 80.0 | 79.4 | 82.2 | 80.5 | 84.5 | 81.2 | 85.9 | 81.6 |
| 69.6 | 70.3 | 72.8 | 75.0 | 76.0 | 77.4 | 80.1 | 80.0 | 82.3 | 80.8 | 84.3 | 81.8 | 85.6 | 82.0 |
| 69.8 | 70.7 | 73.4 | 75.1 | 77.1 | 77.5 | 80.5 | 79.8 | 83.4 | 81.5 | 85.4 | 82.1 | 86.5 | 82.0 |
| 69.9 | 71.0 | 73.8 | 75.0 | 76.7 | 77.7 | 80.4 | 79.7 | 83.3 | 81.8 | 84.6 | 82.6 | 85.9 | 82.2 |
| 70.4 | 71.0 | 74.1 | 75.6 | 77.2 | 78.2 | 80.2 | 79.9 | 84.0 | 81.8 | 85.4 | 81.6 | 86.0 | 82.0 |
| 70.6 | 70.9 | 74.0 | 74.9 | 76.9 | 77.7 | 81.2 | 79.8 | 82.5 | 81.2 | 85.5 | 81.8 | 86.5 | 82.0 |
| 71.1 | 71.5 | 73.7 | 75.4 | 77.1 | 77.1 | 79.8 | 79.2 | 83.1 | 82.1 | 85.1 | 82.7 | 85.7 | 82.4 |
| | | | | | | | | | | | | | |
| 74.3 | 76.0 | 76.7 | 78.9 | 80.1 | 81.4 | 83.8 | 83.0 | 87.4 | 84.2 | 89.2 | 84.7 | 90.1 | 84.7 |
| 75.3 | 76.6 | 78.3 | 80.1 | 81.8 | 82.7 | 85.3 | 84.1 | 88.5 | 84.2 | 89.5 | 84.5 | 90.4 | 84.8 |
| 75.6 | 77.4 | 78.4 | 80.3 | 82.2 | 82.7 | 85.7 | 84.0 | 87.9 | 84.6 | 89.9 | 85.3 | 90.7 | 85.0 |
| 76.1 | 77.7 | 79.1 | 81.1 | 82.7 | 82.9 | 86.2 | 84.2 | 88.8 | 84.7 | 89.5 | 84.7 | 90.1 | 84.8 |
| 76.3 | 77.8 | 79.6 | 81.3 | 82.9 | 83.0 | 86.7 | 84.2 | 88.8 | 84.8 | 90.1 | 84.8 | 90.2 | 84.8 |
| 76.5 | 78.4 | 79.9 | 81.7 | 83.3 | 83.4 | 87.5 | 84.8 | 88.9 | 85.0 | 90.2 | 85.0 | 90.2 | 84.7 |
| 77.1 | 78.6 | 80.6 | 81.9 | 84.3 | 83.6 | 87.5 | 84.8 | 89.5 | 85.0 | 90.2 | 85.3 | 90.4 | 85.1 |
| 77.2 | 78.7 | 80.5 | 81.6 | 84.2 | 83.8 | 87.5 | 84.7 | 89.5 | 85.2 | 90.7 | 84.9 | 90.8 | 85.1 |
| 77.7 | 79.3 | 80.9 | 82.1 | 84.4 | 83.6 | 87.5 | 84.7 | 89.3 | 85.2 | 90.2 | 85.1 | 90.3 | 85.1 |
| 77.3 | 79.2 | 80.6 | 82.1 | 84.4 | 83.7 | 87.6 | 84.6 | 89.2 | 85.0 | 90.3 | 84.9 | 90.6 | 84.8 |
| 77.6 | 79.1 | 80.9 | 82.3 | 84.6 | 83.9 | 87.5 | 84.6 | 89.4 | 84.9 | 90.4 | 85.1 | 90.9 | 84.8 |
| 77.7 | 79.3 | 81.0 | 82.3 | 84.2 | 83.6 | 87.5 | 84.6 | 89.4 | 84.5 | 90.1 | 84.7 | 91.0 | 84.7 |
| 77.6 | 79.4 | 81.1 | 82.3 | 84.6 | 83.9 | 87.7 | 84.7 | 89.5 | 84.8 | 90.3 | 84.8 | 90.9 | 84.7 |