

第5表 年齢別平均座高の推移

1 男子

区 分	幼稚園	小 学 校						中 学 校			高 等 学 校		
	5歳	6	7	8	9	10	11	12	13	14	15	16	17
昭和43年度	61.5	64.2	66.6	69.1	71.3	73.4	75.5	78.6	82.0	85.4	88.2	89.3	90.0
44	62.0	64.1	66.6	69.0	71.2	73.3	75.6	78.6	82.1	85.7	88.2	89.2	90.0
45	61.9	64.2	66.7	69.5	71.4	73.4	75.6	78.4	82.2	85.7	87.9	89.9	90.7
46	62.6	64.3	67.0	69.2	71.4	73.4	75.8	78.9	82.5	85.7	88.2	89.2	89.7
47	61.7	64.5	66.8	69.5	71.5	73.4	75.8	79.1	82.5	86.0	88.8	89.6	90.1
48	62.3	64.1	66.9	69.1	71.5	73.6	75.9	79.2	82.8	85.7	88.6	89.7	90.0
49	61.8	64.3	66.7	69.0	71.6	73.7	75.8	79.3	82.8	86.3	88.9	90.0	90.1
50	61.9	64.4	66.9	69.4	71.8	73.8	76.1	79.1	82.7	86.2	88.8	89.5	90.1
51	62.2	64.4	66.8	69.5	71.5	73.6	76.1	79.2	82.8	86.6	88.6	89.7	89.7
52	61.6	64.7	66.9	69.4	71.8	73.5	76.3	79.4	82.8	86.2	88.8	89.9	90.4
53	62.0	64.9	67.0	69.6	71.7	73.8	76.3	79.2	82.8	86.2	88.7	89.9	89.7
54	62.2	64.4	67.0	69.8	71.4	74.0	76.0	79.3	83.4	86.1	89.0	90.3	90.4
55	62.3	64.7	67.4	69.4	72.1	73.9	76.3	79.6	82.9	86.7	88.8	90.1	90.2
56	62.3	64.7	67.2	69.7	71.8	74.1	76.8	79.4	83.3	86.2	89.0	89.9	90.6
57	62.2	64.8	67.2	69.6	71.9	73.9	76.3	79.4	83.5	86.4	88.9	89.9	90.3
58	62.2	64.9	67.8	70.0	72.1	74.3	76.3	79.8	83.8	86.4	89.0	89.8	90.6
59	62.5	64.9	67.5	70.1	72.2	74.5	76.4	79.8	83.4	86.8	89.2	89.9	90.6
60	62.3	65.0	67.4	70.1	71.9	74.2	76.5	79.9	83.3	87.5	88.9	90.2	90.2
61	62.4	64.8	67.7	70.1	72.4	74.4	76.8	79.4	83.4	86.6	89.1	90.1	90.4
62	62.3	65.1	67.6	70.0	72.3	74.4	77.0	80.5	84.0	87.0	89.4	90.1	90.4
63	62.6	65.1	67.6	70.4	72.3	74.5	77.0	80.3	84.2	87.2	89.1	90.7	90.9
平成元	62.3	65.2	67.9	70.2	72.3	74.9	77.4	80.6	84.3	87.7	89.6	90.4	90.9
2	62.4	64.9	67.7	70.2	72.3	74.6	77.1	80.6	84.3	87.5	89.5	90.2	90.4
3	62.4	64.9	68.0	70.3	72.8	74.9	77.4	80.8	84.1	87.1	89.3	90.3	90.8
4	62.2	65.0	67.5	70.3	72.4	74.8	77.2	81.0	84.2	87.3	89.2	90.2	90.5
5	62.2	64.9	67.5	69.9	72.4	74.7	77.2	80.5	84.2	87.5	89.5	90.7	90.8
6	62.1	65.0	67.6	70.2	72.6	75.0	77.7	80.9	84.4	87.5	89.3	90.2	90.3
7	62.1	65.0	67.6	70.4	72.7	74.9	77.3	80.6	84.4	87.6	89.2	90.3	90.6
8	62.1	65.0	67.7	70.1	72.9	75.1	77.6	80.9	84.6	87.5	89.4	90.4	90.9
9	62.0	65.0	68.0	70.3	72.7	74.8	77.7	81.0	84.2	87.5	89.4	90.1	91.0
10	62.2	64.9	67.5	70.2	72.6	74.7	77.6	81.1	84.6	87.7	89.6	90.5	91.1
11	62.2	65.0	67.5	70.2	72.7	75.1	78.0	81.2	85.0	87.7	89.9	90.5	90.9
12	62.1	65.0	67.5	70.2	72.6	75.4	77.8	81.6	84.9	88.0	89.8	90.5	90.6
13	61.9	64.9	67.3	70.7	72.7	74.9	77.6	81.0	84.6	88.3	89.5	90.3	91.1
14	62.0	64.8	67.4	70.2	72.8	75.2	77.4	81.3	85.0	87.7	90.0	91.0	91.0
15	62.0	65.0	67.5	70.3	73.1	75.0	77.7	81.2	85.2	88.1	89.6	90.5	91.0
16	62.0	64.9	67.6	70.1	72.5	75.2	77.7	81.3	84.6	87.9	90.0	90.9	91.3
17	61.9	64.6	67.5	70.3	72.7	75.0	77.5	81.3	84.7	87.8	90.1	91.0	91.1
18	62.1	64.7	67.6	70.6	72.5	74.7	77.8	81.3	85.0	88.1	89.8	90.7	91.6
19	61.7	65.0	67.8	70.1	72.4	75.2	77.9	81.4	84.8	88.3	89.8	91.0	91.5

注意) 昭和45・46年度は東海ブロック(山梨県、長野県、岐阜県、静岡県、愛知県)の平均値である。

(岐阜県、昭和43年度～平成19年度)

2 女子

単位：cm

区 分	幼稚園	小 学 校						中 学 校			高 等 学 校		
	5歳	6	7	8	9	10	11	12	13	14	15	16	17
昭和43年度	60.8	63.8	66.2	68.8	71.1	73.9	77.0	80.5	82.7	84.0	85.6	85.8	85.8
44	61.3	63.7	66.2	68.7	71.1	73.9	76.8	80.4	82.6	84.0	84.5	85.0	85.0
45	61.1	63.8	66.3	68.6	71.2	74.0	77.4	80.3	82.7	84.0	84.6	85.3	85.0
46	62.1	63.7	66.4	69.0	71.0	74.1	76.9	80.7	82.7	84.3	84.7	84.6	84.7
47	61.0	64.2	66.5	69.4	71.4	74.2	77.3	80.9	82.7	83.2	84.6	84.7	84.8
48	61.7	63.1	66.6	68.9	71.5	74.3	77.3	80.9	83.0	84.4	84.6	84.9	84.8
49	61.4	63.8	66.3	69.1	71.5	74.4	77.6	80.8	82.9	84.2	84.8	85.2	85.0
50	61.4	64.1	66.7	69.0	71.9	74.5	77.7	81.1	82.9	84.2	84.7	84.7	84.8
51	61.6	63.9	66.6	69.0	71.6	74.5	77.6	80.4	82.9	83.9	84.6	84.6	84.6
52	61.2	63.9	66.1	69.3	71.8	74.3	78.4	81.3	83.2	84.2	85.1	85.0	84.8
53	61.0	63.9	66.4	69.0	71.7	74.2	77.8	81.0	82.9	84.1	84.6	84.5	84.5
54	62.0	64.2	66.6	69.2	71.5	74.6	78.0	81.1	83.4	84.4	84.7	84.8	84.9
55	61.9	64.2	66.6	69.1	71.7	74.4	77.8	81.3	83.0	84.2	84.8	84.8	84.8
56	61.7	64.5	67.0	69.4	71.7	74.6	78.0	81.3	83.1	84.1	85.1	84.8	84.6
57	61.8	64.1	66.8	69.1	71.6	74.3	77.8	81.3	83.2	84.2	85.1	84.8	84.8
58	61.9	64.5	67.0	69.4	71.9	74.6	78.1	81.3	83.3	84.4	84.7	84.9	84.9
59	61.9	64.5	67.1	69.6	71.9	75.1	78.1	81.4	83.3	84.5	84.9	85.0	85.0
60	61.7	64.5	67.2	69.4	72.0	75.0	78.4	81.7	83.4	84.8	85.0	85.0	84.7
61	62.2	64.7	67.2	69.6	72.0	75.2	78.4	81.5	83.3	84.5	85.1	84.8	84.9
62	61.7	64.7	67.3	69.6	72.2	75.2	78.5	81.4	83.8	84.6	85.1	85.1	85.0
63	61.9	64.7	67.2	69.9	72.1	75.3	78.6	82.0	83.6	84.6	84.9	85.0	85.2
平成元	61.9	65.0	67.3	69.8	72.6	75.4	78.6	81.9	83.5	84.8	84.9	84.7	84.7
2	61.9	64.6	67.2	69.8	72.4	75.3	78.6	81.9	83.6	84.8	85.0	85.3	85.1
3	61.9	64.8	67.0	69.8	72.4	75.3	78.7	81.6	83.4	84.9	85.0	85.0	85.1
4	61.8	64.5	67.5	69.7	72.4	75.4	78.6	82.0	83.9	84.4	85.0	84.9	85.2
5	61.7	64.8	67.3	69.8	72.6	75.5	78.7	81.6	83.8	84.7	85.2	84.9	85.1
6	61.9	64.8	67.4	70.1	72.5	75.6	79.3	82.1	83.6	84.7	85.2	85.1	85.1
7	61.7	64.8	67.2	70.1	72.8	75.8	79.2	82.1	83.7	84.6	85.0	84.9	84.8
8	61.8	64.7	67.4	70.2	72.6	76.1	79.1	82.3	83.9	84.6	84.9	85.1	84.8
9	61.7	64.7	67.5	70.2	73.1	75.9	79.3	82.3	83.6	84.6	84.5	84.7	84.7
10	61.8	64.4	67.4	70.0	72.7	76.0	79.4	82.3	83.9	84.7	84.8	84.9	84.8
11	61.4	64.3	67.1	69.7	72.7	75.7	79.4	82.4	83.8	84.7	84.7	85.0	85.0
12	61.6	64.3	67.4	69.8	72.3	76.1	79.2	82.1	83.9	84.8	84.9	85.0	85.2
13	61.3	64.4	67.3	69.9	72.5	75.5	79.1	82.2	83.6	84.9	84.9	84.9	85.0
14	61.3	64.6	67.3	70.1	72.5	75.7	79.2	82.5	83.6	84.7	85.1	85.1	85.0
15	61.3	64.6	67.4	70.1	72.5	75.8	79.1	82.2	83.7	84.9	85.3	85.2	85.4
16	61.5	64.6	67.3	69.8	72.5	75.6	79.4	82.1	83.4	85.0	85.2	85.2	85.3
17	61.5	64.4	67.2	70.0	72.7	75.8	79.1	82.2	83.9	85.0	85.1	85.4	85.4
18	61.3	64.3	67.1	70.0	72.2	75.5	79.1	81.9	83.8	85.1	85.2	85.3	85.2
19	61.5	64.2	67.3	70.0	72.6	75.7	79.1	82.1	83.9	84.8	85.1	85.5	85.4