

第3表 年齢別平均身長の推移

1 男子

単位：cm

区分	幼稚園	小学校						中学校			高等学校		
	5歳	6	7	8	9	10	11	12	13	14	15	16	17
昭和23年度	...	108.4	113.0	117.4	121.6	126.1	130.3	135.2	140.2	145.8	155.5	158.5	160.5
24	...	108.6	113.6	118.2	122.7	126.6	131.0	135.7	141.1	147.3	155.3	158.8	161.1
25	...	108.9	113.9	118.7	123.0	127.3	131.4	136.2	141.0	147.9	155.5	159.4	161.4
26	...	109.6	114.1	119.3	123.5	127.4	131.8	136.8	142.3	148.5	155.4	159.3	161.8
27	...	109.5	114.5	119.2	124.1	128.4	132.7	137.6	143.1	149.3	156.8	160.3	162.3
28	...	109.8	115.0	119.9	124.6	128.9	133.2	138.0	143.6	150.0	157.2	160.9	163.0
29	105.1	110.2	115.1	119.9	124.8	128.9	133.5	138.2	144.5	150.2	158.2	161.3	163.1
30	105.7	110.0	115.7	120.3	125.1	129.6	134.4	139.5	145.9	151.0	157.0	161.3	163.0
31	105.9	110.4	115.6	120.7	125.4	130.0	134.2	139.8	145.9	152.2	159.3	161.3	163.2
32	106.0	110.3	115.8	120.6	125.8	129.9	134.9	140.2	146.3	153.1	159.8	162.5	163.9
33	106.1	110.9	116.0	121.2	126.1	130.7	135.0	140.7	146.8	153.5	160.2	162.7	164.3
34	106.4	111.3	116.7	121.5	126.4	131.0	136.0	141.1	148.0	154.1	161.1	163.4	165.0
35	106.5	111.5	116.9	121.8	126.6	131.5	136.1	141.6	148.0	155.1	159.6	163.7	164.8
36	106.9	111.5	117.3	122.6	127.2	131.7	136.7	142.0	149.0	155.3	161.5	163.8	165.3
37	107.1	112.6	119.0	123.6	127.9	132.3	136.5	142.8	149.5	156.3	161.3	163.6	164.9
38	107.5	112.6	118.1	123.2	128.0	132.4	137.3	143.2	150.3	157.0	162.8	164.8	165.8
39	107.7	112.8	118.5	123.8	128.6	133.1	138.2	144.1	151.0	157.7	163.1	165.5	166.3
40	108.0	113.3	118.7	123.7	128.6	133.4	138.4	144.3	151.2	158.0	163.8	165.4	166.8
41	108.3	113.0	118.7	123.9	128.9	133.8	138.8	144.9	152.1	158.9	163.7	165.9	166.9
42	108.2	113.8	119.3	124.7	129.3	134.4	139.2	145.3	152.7	159.1	164.2	166.0	167.2
43	108.5	113.6	119.4	124.5	129.5	134.4	139.4	146.1	153.2	159.6	164.6	166.4	167.5
44	108.6	113.6	119.3	124.7	129.4	134.5	139.7	146.0	153.3	159.9	164.5	166.5	167.3
45	109.6	114.2	119.8	125.6	130.0	135.3	140.2	146.2	154.3	160.3	164.0	167.0	168.4
46	110.0	114.2	120.0	124.9	130.2	134.9	140.1	146.8	154.0	160.2	165.2	167.1	167.9
47	108.9	114.8	120.0	125.8	130.5	135.4	140.6	147.4	154.7	161.2	165.3	167.0	168.0
48	109.2	114.0	120.2	125.4	130.6	135.6	141.0	147.8	155.2	161.7	165.5	167.1	168.1
49	108.3	114.7	119.8	126.0	130.7	136.2	141.0	149.8	155.2	161.6	166.3	168.0	169.0
50	109.2	114.7	120.2	125.5	131.2	136.0	141.6	147.8	155.1	161.8	166.2	168.4	169.0
51	109.3	114.6	120.4	125.7	130.9	136.1	141.2	148.6	155.7	162.2	166.1	167.5	169.0
52	108.9	115.3	120.7	125.8	131.4	135.8	142.3	148.5	155.9	162.0	166.3	168.1	169.3
53	110.2	115.9	120.8	126.1	130.9	136.1	141.9	148.0	155.6	162.3	166.2	168.5	168.3
54	110.0	115.3	120.7	126.7	131.1	136.8	141.7	148.5	157.2	162.5	166.8	168.8	169.6
55	109.9	115.6	121.3	126.2	131.9	136.9	142.2	149.6	156.1	163.3	166.5	169.0	169.7
56	109.8	115.3	121.0	126.5	131.5	136.7	143.0	148.8	157.0	162.4	167.2	168.7	169.9
57	109.8	115.6	121.4	126.4	132.0	136.6	142.1	148.7	157.4	162.7	167.3	168.7	170.0
58	109.7	115.8	121.7	127.0	132.1	137.0	142.1	149.7	157.5	162.7	167.2	168.8	170.4
59	110.1	116.0	121.3	127.2	132.1	137.4	142.0	149.2	156.7	163.3	167.3	168.9	169.8
60	110.0	115.8	121.7	127.6	132.0	137.3	142.7	149.8	156.8	164.0	167.0	169.2	169.2
61	110.2	115.8	122.0	127.5	132.7	138.0	143.1	148.9	157.0	163.2	167.4	169.1	170.0
62	110.5	116.3	121.8	127.5	132.8	137.7	143.5	150.4	157.5	163.3	167.8	169.4	169.9
63	110.6	116.4	121.9	128.0	132.4	137.9	143.6	150.2	158.2	163.8	167.3	169.7	170.5
平成元	110.2	116.5	122.5	127.6	132.6	138.4	143.9	150.8	158.2	164.3	167.8	169.6	170.8
2	110.4	116.4	122.0	127.7	132.8	138.1	143.9	151.1	158.3	164.3	167.9	169.3	170.2
3	110.4	116.0	122.7	128.3	133.6	138.6	144.3	151.2	158.4	163.7	167.5	169.9	170.8
4	110.4	116.3	121.8	127.8	132.7	138.4	144.2	151.9	158.9	164.5	168.0	170.0	170.4
5	110.2	116.4	121.9	127.5	132.8	138.2	144.1	151.3	159.0	165.0	168.1	170.3	170.6
6	110.3	116.6	121.8	127.7	133.3	138.5	144.7	151.7	158.8	164.7	168.3	170.2	170.2
7	110.5	116.5	122.1	127.8	133.1	138.4	144.4	151.4	159.1	165.0	167.9	169.6	170.6
8	110.3	116.5	122.4	127.5	133.4	138.9	144.7	151.6	159.3	164.4	168.1	169.7	170.7
9	110.2	116.3	122.8	127.9	133.1	138.3	145.1	152.0	158.6	164.7	167.9	169.3	170.6
10	110.6	116.5	122.1	127.7	133.2	138.2	144.8	151.9	159.4	164.7	168.4	170.0	171.1
11	110.6	116.5	122.1	127.6	133.3	138.7	145.3	152.0	159.7	164.5	168.6	169.9	170.8
12	110.3	117.0	122.3	127.9	133.2	139.6	144.9	152.7	159.8	165.4	168.1	170.2	170.5
13	110.4	116.5	121.8	128.3	133.3	138.8	144.6	152.1	159.5	165.4	168.0	169.5	170.5
14	110.6	116.3	121.9	127.8	133.5	138.9	144.2	152.5	159.5	165.0	168.1	170.0	170.5
15	110.8	116.3	122.1	127.9	133.9	138.5	144.6	152.3	160.1	165.0	167.9	169.7	170.3
16	110.7	116.7	122.4	128.3	133.2	139.0	145.1	152.4	159.4	165.0	168.3	170.0	170.6
17	110.4	116.5	122.1	128.2	133.9	139.1	145.0	152.5	159.4	164.9	168.6	170.1	170.6
18	110.8	116.3	122.6	128.4	133.3	138.3	145.2	152.3	159.5	165.3	168.0	169.9	171.0
19	110.3	116.5	122.6	127.9	133.3	139.0	145.2	152.4	159.2	165.0	168.0	170.4	170.8
20	110.9	116.7	122.4	128.0	133.7	138.6	145.2	152.6	159.5	165.0	167.6	170.2	170.8

注意1) 昭和29年度の高等学校(15~17歳)は、全日制のみの平均値である。

注意2) 昭和45・46年度は東海ブロック(山梨県、長野県、岐阜県、静岡県、愛知県)の平均値である。

(岐阜県、昭和23年度～平成20年度)

2 女子

単位：cm

区分	幼稚園	小学校						中学校			高等学校		
	5歳	6	7	8	9	10	11	12	13	14	15	16	17
昭和23年度	...	107.6	112.1	116.7	121.0	125.8	130.7	136.2	140.9	144.5	149.6	150.7	151.4
24	...	108.0	112.9	117.5	121.9	126.7	131.5	137.0	142.0	145.9	150.1	151.2	151.5
25	...	108.0	113.1	118.0	122.5	126.9	131.7	137.9	143.2	146.8	150.3	151.4	152.3
26	...	108.3	113.2	118.2	122.8	127.4	132.4	137.8	143.0	147.0	150.5	151.9	152.3
27	...	108.9	113.3	118.4	123.2	127.8	133.0	138.7	143.8	148.0	150.8	151.8	153.1
28	...	108.8	114.1	119.0	123.6	128.5	134.0	139.1	144.5	147.6	151.1	152.0	152.5
29	104.2	109.3	114.5	119.5	124.1	129.0	134.0	139.9	145.0	148.1	151.1	152.3	152.6
30	104.4	109.5	114.3	119.4	124.5	129.5	134.6	140.8	145.2	148.8	152.5	153.4	153.9
31	104.7	109.8	114.7	119.9	124.7	129.8	135.4	141.1	145.9	149.5	151.5	152.5	152.8
32	104.7	109.4	114.9	119.9	124.9	130.4	136.2	141.6	146.3	149.3	151.9	152.6	153.2
33	104.8	110.1	115.1	120.2	125.8	130.6	136.1	142.3	146.7	149.7	151.9	152.7	153.3
34	104.9	110.4	115.4	120.7	126.0	131.4	137.7	143.0	147.5	150.1	152.2	153.0	153.7
35	105.7	110.5	115.7	121.2	126.3	131.6	138.0	143.7	148.0	151.0	152.7	153.2	153.7
36	105.6	110.7	115.5	121.4	126.8	132.3	138.5	144.2	148.4	151.0	153.1	153.4	153.6
37	106.2	111.1	116.5	121.5	126.8	132.2	137.4	144.5	148.9	151.4	153.2	153.4	154.1
38	106.3	111.5	117.2	122.1	127.4	133.1	139.3	145.2	149.4	151.7	153.5	154.4	154.5
39	106.1	111.8	117.4	122.9	128.0	133.6	139.6	145.6	149.8	152.2	154.0	154.4	154.7
40	107.1	112.2	117.5	123.0	128.2	134.0	140.1	146.2	150.2	152.6	154.2	154.6	154.9
41	107.0	112.2	117.8	123.1	128.5	134.2	140.6	146.8	150.6	153.2	154.3	154.5	154.9
42	107.1	112.6	118.2	123.6	128.9	134.9	141.5	147.0	151.0	153.2	154.4	155.0	155.3
43	107.5	112.6	118.2	123.8	129.1	135.2	141.5	147.4	151.5	153.6	154.7	154.9	155.2
44	107.3	113.0	118.6	123.8	129.1	135.2	141.5	147.4	151.4	153.7	154.8	155.2	155.7
45	108.4	113.5	119.4	124.2	129.4	136.3	142.8	148.3	151.7	154.3	155.1	156.1	155.7
46	109.4	113.1	118.9	124.6	129.5	135.9	141.8	148.2	152.2	154.6	155.7	155.8	156.5
47	108.0	114.3	121.1	125.6	130.5	136.3	142.4	148.8	152.3	154.5	155.2	155.6	155.9
48	108.7	113.2	119.8	125.1	130.5	136.6	143.1	148.8	152.9	154.8	155.8	156.0	156.3
49	108.6	113.9	119.7	124.5	130.8	137.0	143.4	149.1	152.9	154.9	155.6	156.3	156.1
50	108.3	114.0	119.8	124.9	131.2	137.4	143.7	149.3	152.8	155.0	156.1	156.3	156.4
51	108.6	114.0	119.7	125.4	130.5	137.3	143.8	149.4	153.2	155.0	155.7	156.3	156.1
52	108.4	114.3	119.4	125.7	131.4	137.1	145.7	150.2	153.7	155.6	156.2	156.4	156.5
53	108.5	114.4	119.9	125.4	131.4	137.0	143.9	149.4	153.6	155.4	155.7	156.6	156.5
54	109.2	114.5	120.0	125.8	131.2	138.0	144.6	150.0	154.1	155.9	156.5	156.7	157.2
55	109.2	114.7	120.3	125.7	131.6	137.6	144.2	150.3	153.4	155.8	156.8	156.8	156.9
56	108.8	115.1	120.3	126.0	131.3	137.4	144.6	150.4	153.8	155.9	157.0	156.8	157.1
57	109.3	114.5	120.2	125.7	131.3	137.7	144.5	150.2	154.2	156.1	156.8	156.8	157.1
58	109.4	115.2	120.5	126.0	131.9	137.8	144.7	150.1	154.0	156.0	156.8	157.4	157.9
59	109.2	115.3	120.7	126.1	131.8	138.3	144.6	150.4	154.0	156.2	156.4	156.8	157.4
60	109.3	115.3	121.0	126.4	132.1	138.6	145.6	150.9	154.1	156.4	156.7	157.3	157.5
61	109.9	115.5	121.1	126.7	132.4	138.5	145.4	150.9	154.2	156.3	157.1	157.2	157.6
62	109.5	115.4	121.2	126.6	132.6	139.1	145.4	150.2	154.5	156.2	157.3	157.8	157.5
63	109.4	115.7	121.2	127.1	132.6	139.2	145.6	151.3	154.4	156.3	157.1	157.4	158.1
平成元	109.6	116.3	121.4	127.0	133.0	139.1	145.6	151.0	154.5	156.5	157.1	157.5	157.5
2	109.7	115.6	121.3	127.1	132.8	138.9	145.6	151.2	154.6	156.5	157.3	158.1	158.0
3	109.6	115.7	121.2	126.8	132.7	139.0	146.0	150.9	154.1	156.5	157.1	157.6	157.6
4	109.7	115.6	121.6	126.8	132.4	139.1	145.7	151.6	155.2	156.5	156.9	157.5	158.1
5	109.4	116.1	121.3	127.4	133.1	139.2	145.7	151.2	154.9	156.5	158.0	157.8	158.5
6	109.7	115.8	121.6	127.1	132.8	139.3	146.6	151.7	154.7	156.4	157.4	157.7	157.8
7	109.7	116.0	121.2	127.1	132.9	139.4	146.5	151.7	154.8	156.5	157.6	158.1	158.0
8	109.8	115.7	121.5	127.3	133.1	139.9	146.7	152.2	155.0	156.3	157.5	158.0	157.7
9	109.8	115.5	121.7	127.6	133.7	140.2	146.8	152.1	154.8	156.5	156.9	157.8	157.9
10	109.7	115.6	121.6	127.3	133.0	140.1	146.8	151.9	155.2	156.7	157.3	158.2	158.2
11	109.6	115.2	121.1	126.8	133.2	139.6	147.1	152.0	154.9	156.7	156.9	157.8	158.2
12	109.7	115.4	121.9	127.0	132.8	140.5	146.7	151.5	155.1	156.1	157.2	157.8	158.0
13	109.3	115.2	121.5	127.1	132.9	139.4	146.4	151.9	155.1	156.8	157.2	157.5	157.5
14	109.5	115.9	121.3	127.5	133.1	139.5	146.4	152.1	154.7	156.4	157.3	157.5	157.6
15	109.6	115.6	121.5	127.2	132.8	139.9	146.5	151.9	154.9	156.7	157.5	157.4	158.0
16	109.7	115.8	121.6	127.3	133.0	139.6	147.1	151.8	154.6	157.0	157.2	157.3	157.7
17	109.8	115.6	121.6	127.6	133.6	140.1	146.9	152.0	154.9	156.6	157.3	158.0	158.0
18	109.3	115.3	121.2	127.1	132.7	139.5	146.4	151.4	155.0	157.0	157.0	157.5	157.5
19	109.7	115.1	121.5	127.3	133.2	139.9	146.5	151.9	155.2	156.5	156.9	157.7	158.0
20	109.9	115.6	121.8	127.0	133.5	139.4	146.4	152.0	154.9	156.5	157.4	157.7	157.6