

218. 年齢別児童

注：45年は東海ブロックの平均値である。

区 分	幼 稚 園		小 学 校									
	5 歳		6		7		8		9		10	
	男	女	男	女	男	女	男	女	男	女	男	女
身長 (cm)												
昭和30年度	105.7	104.4	110.0	109.5	115.7	114.3	120.3	119.4	125.1	124.5	129.6	129.5
35	106.5	105.7	111.5	110.5	116.9	115.7	121.8	121.2	126.6	126.3	131.5	131.6
40	108.0	107.1	113.3	112.2	118.7	117.5	123.7	123.0	128.6	128.2	133.4	134.0
45	109.6	108.4	114.2	113.5	119.8	119.4	125.6	124.2	130.0	129.4	135.3	136.3
50	109.2	108.3	114.7	114.0	120.2	119.8	125.5	124.9	131.2	131.2	136.0	137.4
55	109.9	109.2	115.6	114.7	121.3	120.3	126.2	125.7	131.9	131.6	136.9	137.6
56	109.8	108.8	115.3	115.1	121.0	120.3	126.5	126.0	131.5	131.3	136.7	137.4
57	109.8	109.3	115.6	114.5	121.4	120.2	126.4	125.7	132.0	131.3	136.6	137.7
58	109.7	109.4	115.8	115.2	121.7	120.5	127.0	126.0	132.0	131.9	137.0	137.8
59	110.1	109.2	116.0	115.3	121.3	120.7	127.2	126.1	132.1	131.8	137.4	138.3
60	110.0	109.3	115.8	115.3	121.7	121.0	127.6	126.4	132.0	132.1	137.3	138.6
61	110.2	109.9	115.8	115.5	122.0	121.1	127.5	126.7	132.7	132.4	138.0	138.5
62	110.5	109.5	116.3	115.4	121.8	121.2	127.5	126.6	132.8	132.6	137.7	139.1
63	110.6	109.4	116.4	115.7	121.9	121.2	128.0	127.1	132.4	132.6	137.9	139.2
平成元	110.2	109.6	116.5	116.3	122.5	121.4	127.6	127.0	132.6	133.0	138.4	139.1
体重 (kg)												
昭和30年度	17.1	16.6	18.5	18.1	20.6	19.9	22.6	22.0	24.0	24.7	27.3	27.0
35	17.5	17.0	18.9	18.4	21.0	20.3	23.1	22.6	25.3	25.2	27.8	27.9
40	17.9	17.5	19.3	18.9	21.6	20.9	23.8	23.4	26.2	25.9	28.9	29.1
45	18.6	17.1	19.9	19.6	22.2	21.9	25.0	24.2	27.4	27.0	30.5	30.8
50	18.4	17.9	20.2	19.8	22.5	22.2	25.0	24.6	28.2	28.0	30.9	31.7
55	18.8	18.6	20.6	20.1	22.9	22.6	25.5	25.0	28.9	28.2	31.4	31.3
56	18.8	18.2	20.5	20.3	22.9	22.6	25.5	25.1	28.4	28.2	32.0	31.9
57	18.7	18.4	20.7	20.2	22.9	22.6	25.5	25.3	28.7	28.0	31.3	31.9
58	18.7	18.5	21.0	20.6	23.4	22.7	26.0	25.3	28.9	28.7	32.5	32.1
59	18.9	18.4	20.8	20.5	23.1	22.9	26.2	25.8	28.9	28.7	32.2	32.8
60	18.8	18.5	20.8	20.5	23.6	23.0	26.3	25.6	28.9	28.8	32.4	32.8
61	18.9	18.7	21.0	20.6	23.5	23.0	26.3	25.8	29.6	28.9	32.9	33.0
62	19.1	18.6	12.1	20.8	23.4	23.1	26.6	26.2	29.6	29.2	32.7	33.9
63	19.1	18.6	21.1	20.6	23.5	22.8	26.8	25.9	29.3	29.2	33.0	33.4
平成元	19.3	18.9	21.4	21.0	23.9	23.2	26.6	25.9	29.7	29.6	33.4	33.3
胸 囲 (cm)												
昭和30年度	54.8	53.3	56.0	54.8	58.0	56.6	60.0	58.3	61.8	60.3	63.9	62.6
35	54.9	53.5	56.3	54.9	58.3	56.5	60.1	58.5	62.0	60.7	64.0	62.8
40	55.2	53.9	56.9	55.3	59.0	57.1	60.8	59.1	63.0	61.3	64.9	63.9
45	56.0	54.9	57.0	55.7	59.0	57.4	61.1	59.2	63.0	61.4	65.8	65.3
50	55.8	54.5	56.7	55.9	59.4	58.0	61.4	60.1	63.8	62.6	66.1	65.7
55	55.7	54.5	57.4	56.1	59.6	58.4	61.4	60.3	64.4	62.8	66.1	65.3
56	56.0	54.8	57.5	56.1	59.3	58.1	61.4	60.2	63.9	62.7	66.7	65.7
57	56.1	54.9	57.6	56.3	59.6	58.0	61.6	60.3	64.0	62.4	65.9	65.7
58	55.9	54.8	57.8	56.4	60.0	58.3	62.1	60.3	64.2	63.0	66.6	66.0
59	56.3	54.8	57.8	56.5	59.5	58.4	62.1	60.9	64.4	63.3	66.8	66.5
60	55.9	54.9	57.6	56.3	60.1	58.5	62.2	60.7	64.2	63.2	66.8	66.4
61	55.8	54.8	57.9	56.5	59.9	58.5	62.3	60.9	65.0	63.4	67.2	66.7
62	56.1	54.8	57.8	56.7	59.8	58.4	62.4	61.2	64.9	63.6	67.1	67.1
63	56.0	54.6	57.9	56.6	60.0	58.4	62.5	61.1	64.7	63.9	67.6	67.3
平成元	56.1	54.9	58.0	56.6	60.1	58.6	62.3	60.6	64.7	63.5	67.6	66.9
座 高 (cm)												
昭和30年度	60.7	60.1	62.8	62.5	65.3	65.0	67.7	67.2	69.7	69.3	71.5	71.6
35	61.4	60.6	63.3	62.9	65.8	65.2	68.6	67.9	70.3	70.3	72.4	72.9
40	61.6	61.2	63.8	63.4	66.5	65.8	68.8	68.5	71.1	70.8	73.1	73.6
45	61.9	61.1	64.2	63.8	66.7	66.3	69.5	68.6	71.4	71.2	73.4	74.0
50	61.9	61.4	64.4	64.1	66.9	66.7	69.4	69.0	71.8	71.9	73.8	74.5
55	62.3	61.9	64.7	64.2	67.4	66.6	69.4	69.1	72.1	71.7	73.9	74.4
56	62.3	61.7	64.7	64.5	67.2	67.0	69.7	69.4	71.8	71.7	74.1	74.6
57	62.2	61.8	64.8	64.1	67.2	66.8	69.6	69.1	71.9	71.6	73.9	74.3
58	62.2	61.9	64.9	64.5	67.8	67.0	70.0	69.4	72.1	71.9	74.3	74.6
59	62.5	61.9	64.9	64.5	67.5	67.1	70.1	69.6	72.2	71.9	74.5	75.1
60	62.3	61.7	65.0	64.5	67.4	67.2	70.1	69.4	71.9	72.0	74.2	75.0
61	62.4	62.2	64.8	64.7	67.7	67.2	70.1	69.6	72.4	72.0	74.4	75.2
62	62.3	61.7	65.1	64.7	67.6	67.3	70.0	69.6	72.3	72.2	74.4	75.2
63	62.6	61.9	65.1	64.7	67.6	67.2	70.4	69.9	72.3	72.1	74.5	75.3
平成元	62.3	61.9	65.2	65.0	67.9	67.3	70.2	69.8	72.3	72.6	74.9	75.4

資料：文部省「学校保健統計調査結果」

## ・生徒の体格

11		中 学 校				高 等 学 校							
12		13		14		15		16		17			
男	女	男	女	男	女	男	女	男	女	男	女	男	女
134.4	134.6	139.5	140.8	145.9	145.2	151.0	148.8	157.0	152.5	161.3	153.4	163.0	153.9
136.1	138.0	141.6	143.7	148.0	148.0	155.1	151.0	159.6	152.7	163.7	153.2	164.8	153.7
138.4	140.1	144.3	146.2	151.2	150.2	158.0	152.6	163.8	154.2	165.4	154.6	166.8	154.9
140.2	142.8	146.2	148.3	154.3	151.7	160.3	154.3	164.0	155.1	167.0	156.1	168.4	155.7
141.6	143.7	147.8	149.3	155.1	152.8	161.8	155.0	166.2	156.1	168.4	156.3	169.0	156.4
142.2	144.2	149.6	150.3	156.1	153.4	163.3	155.8	166.5	156.8	169.0	156.8	169.7	156.9
143.0	144.6	148.8	150.4	157.0	153.8	162.4	155.9	167.2	157.0	168.7	156.8	169.9	157.1
142.1	144.5	148.7	150.2	157.4	154.2	162.7	156.1	167.3	156.8	168.7	156.8	170.0	157.1
142.1	144.7	149.7	150.1	157.5	154.0	162.7	156.0	167.2	156.8	168.8	157.4	170.4	157.9
142.0	144.6	149.2	150.4	156.7	154.0	163.3	156.2	167.3	156.4	168.9	156.8	169.8	157.4
142.7	145.6	149.8	150.9	156.8	154.1	164.0	156.4	167.0	156.7	169.2	157.3	169.2	157.5
143.1	145.4	148.9	150.9	157.0	154.2	163.2	156.3	167.4	157.1	169.1	157.2	170.0	157.6
143.5	145.4	150.4	150.2	157.5	154.5	163.3	156.2	167.8	157.3	169.4	157.8	169.9	157.5
143.6	145.6	150.2	151.3	158.2	154.4	163.8	156.3	167.3	157.1	169.7	157.4	170.5	158.1
143.9	145.6	150.8	151.0	158.2	154.5	164.3	156.5	167.8	157.1	169.6	157.5	170.8	157.5
30.0	30.2	33.4	34.8	37.2	39.1	42.6	43.0	48.7	46.4	51.8	47.8	54.2	49.3
30.7	31.9	34.1	36.5	39.1	40.9	45.1	45.3	50.4	47.8	53.7	49.2	55.6	50.0
32.0	33.2	36.4	37.8	41.2	42.9	47.6	46.1	52.2	48.6	55.0	50.2	57.0	51.0
33.4	35.7	37.4	40.2	43.9	44.9	43.8	48.2	53.0	50.1	56.3	52.1	58.6	51.7
34.6	36.0	39.0	41.1	44.5	45.5	50.3	48.3	55.2	50.4	57.6	51.5	58.9	52.1
35.4	36.2	40.7	41.9	45.4	45.6	51.8	48.9	56.0	51.0	59.2	51.5	60.3	52.1
35.8	36.5	40.1	41.4	45.8	45.8	51.3	48.8	56.2	51.6	58.4	51.6	59.8	51.7
35.2	36.8	40.2	41.2	46.1	45.1	50.8	48.9	56.5	51.1	58.3	52.0	60.4	51.9
35.2	36.9	40.9	41.7	47.0	45.7	51.5	48.7	56.8	51.2	58.6	51.6	60.2	51.6
35.7	36.7	40.6	42.7	46.3	45.9	51.8	49.1	57.4	51.2	58.5	52.1	60.5	52.6
36.2	37.5	41.1	43.0	45.9	46.2	52.5	49.6	56.4	51.2	59.3	52.2	60.2	52.1
35.9	37.7	41.2	42.8	47.0	46.7	52.1	49.2	57.2	51.4	59.8	52.1	61.2	51.9
36.8	38.0	42.4	42.5	47.3	46.8	52.2	49.8	58.0	52.7	60.3	52.3	61.8	52.7
37.0	38.5	42.0	43.0	47.8	47.1	53.2	49.3	57.1	52.1	60.3	51.5	62.2	52.1
37.3	38.2	42.3	43.0	48.2	46.3	53.5	49.5	57.4	51.7	60.4	51.9	61.8	51.5
65.8	65.0	68.3	68.8	71.2	72.3	74.9	75.3	78.7	77.6	81.2	79.3	80.0	80.2
66.1	66.2	68.7	70.3	72.2	73.6	76.9	77.0	80.1	79.2	82.1	80.0	84.0	81.2
67.1	67.0	69.8	71.2	73.4	74.7	77.5	77.4	81.5	80.3	83.9	80.9	86.1	81.5
67.9	69.1	70.8	72.8	75.0	76.2	78.2	78.6	81.1	80.1	83.7	81.0	86.0	80.3
68.6	69.3	71.7	73.8	75.2	76.9	79.0	79.1	82.8	80.6	84.4	81.4	86.2	81.8
69.0	69.3	72.5	74.1	75.4	77.0	80.0	79.4	82.2	80.5	84.5	81.2	85.9	81.6
69.0	69.3	72.3	73.8	75.8	76.9	79.7	79.3	82.5	80.9	84.4	81.4	85.9	81.6
68.7	69.7	72.2	73.8	75.8	77.3	79.0	79.0	82.3	80.4	84.2	81.5	86.0	81.7
68.8	69.5	72.5	73.6	76.4	76.8	79.4	79.0	82.9	80.5	84.5	81.4	86.1	81.7
69.4	69.6	72.2	74.6	75.8	76.8	79.5	79.2	82.4	81.0	84.0	81.7	85.7	82.2
69.6	70.3	72.8	75.0	76.0	77.4	80.1	80.0	82.3	80.8	84.3	81.8	85.6	82.0
69.3	70.5	72.7	74.7	76.0	77.4	79.6	79.2	82.6	71.1	74.6	81.9	85.9	81.8
70.2	70.7	73.4	74.3	76.3	77.4	79.5	79.6	83.3	80.7	85.0	81.6	87.1	82.5
70.2	71.3	76.4	75.2	76.6	78.0	79.9	79.6	82.3	81.4	84.9	81.3	86.9	81.6
70.3	70.7	73.4	75.1	77.0	77.5	80.5	79.5	82.5	81.6	84.6	81.8	86.5	82.0
73.6	74.3	75.4	77.4	78.2	79.6	81.5	81.7	85.4	83.7	87.8	84.1	89.1	84.1
74.3	76.0	76.7	78.9	80.1	81.4	83.8	83.0	87.4	84.2	89.2	84.7	90.1	84.7
75.3	76.6	78.3	80.1	81.8	82.7	85.3	84.1	88.5	84.2	89.5	84.5	90.4	84.8
75.6	77.4	78.4	80.3	82.2	82.7	85.7	84.0	87.9	84.6	89.9	85.3	90.7	85.0
76.1	77.7	79.1	81.1	82.7	82.9	86.2	84.2	88.8	84.7	89.5	84.7	90.1	84.8
76.3	77.8	79.6	81.3	82.9	83.0	86.7	84.2	88.8	84.8	90.1	84.8	90.2	84.8
76.8	78.0	79.4	81.3	83.3	83.1	86.2	84.1	89.0	85.1	89.9	84.8	90.6	84.6
76.3	77.8	79.4	81.3	83.5	83.2	86.4	84.2	88.9	85.1	89.9	84.8	90.3	84.8
76.3	78.1	79.8	81.3	83.8	83.3	86.4	84.4	89.0	84.7	89.8	84.9	90.6	84.9
76.4	78.1	79.8	81.4	83.4	83.3	86.8	84.5	89.2	84.9	89.9	85.0	90.6	85.0
76.5	78.4	79.9	81.7	83.3	83.4	87.5	84.8	88.9	85.0	90.2	85.0	90.2	84.7
76.8	78.4	79.4	81.5	83.4	83.3	86.6	84.5	89.1	85.1	90.1	84.8	90.4	84.9
77.0	78.5	80.5	81.4	84.0	83.8	87.0	84.6	89.4	85.1	90.1	85.1	90.4	85.0
77.0	78.6	80.3	82.0	84.2	83.6	87.2	84.6	89.1	84.9	90.7	85.0	90.9	85.2
77.4	78.6	80.6	81.9	84.3	83.5	87.7	84.8	89.6	84.9	90.4	84.7	90.9	84.7