

Gifu Prefecture Police Cybercrime Division

We post information on how to prevent
cybercrime (and attacks).

Gifu Prefecture Police Cybercrime Division
Official Twitter Account

Gifu Prefectural Police
Cyber Security Information
@Gifupolicecyber



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Internet

Safety & Security Handbook



Overview for
General Users



Gifu Prefecture Police Cybercrime Division



Cyber Security Public Awareness Initiative

Supported by
National Police Agency

Ministry of Economy,
Trade and Industry

Ministry of Internal Affairs
and Communications

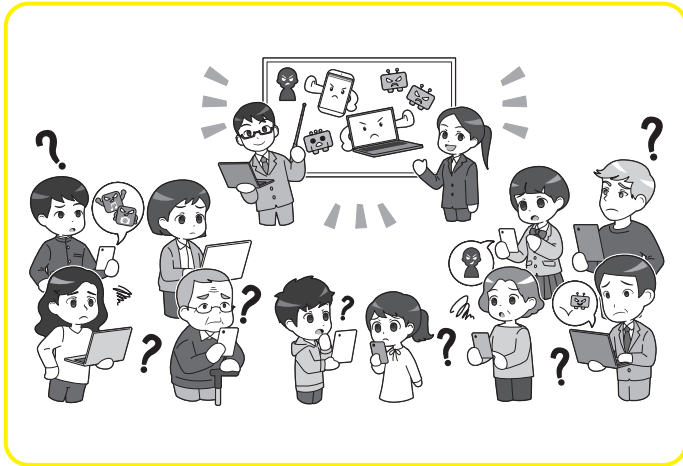
IPA
Information Technology
Promotion Agency, Japan



Introduction

Be Aware of the Appropriate Minimum Cyber Security Measures

This handbook introduces cyber security measures and example cases of cybercrime. Be sure to take the necessary precautions to ensure you do not become a victim.



Source: "Internet Safety & Security Handbook" (Jan 31, 2023 Edition, Ver5.00)
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1

1 Make sure to always keep your operating system and software up-to-date



The latest versions of operating systems and software include measures to prevent the latest forms of cyber attacks, so be sure to always update.

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2

**2 Use long, complex passwords,
and avoid using the same
password repeatedly**



FC%&D)hnvEy34%
TPkhFmRj-+

In order to create strong passwords, it is important to: 1) Use passwords at least 10 characters in length, and made up of a combination of capital letters, lowercase letters, numbers, and symbols, 2) Make sure you do not use the same or similar passwords in multiple places, and 3) Properly store passwords.

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3 Use multi-factor authentication



Wherever possible, use multi-factor authentication, login notifications, and biometric authentication to enhance security.

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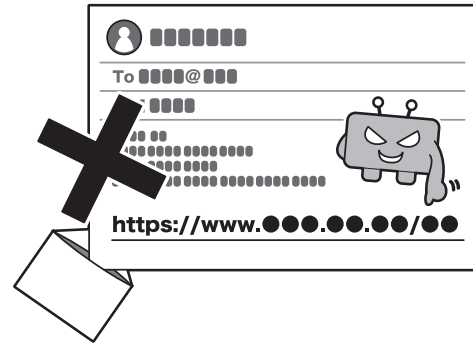
④ Be careful of fake emails and
fake websites



Phishing scams come in many forms. We often forget to be as careful in times of distress, such as during natural disasters, so be sure to always remain aware of the ever-changing types of fake emails.

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⑤ Be wary of email attachments
and URLs



Make sure you do NOT open any files or URLs sent from addresses you do not recognize.

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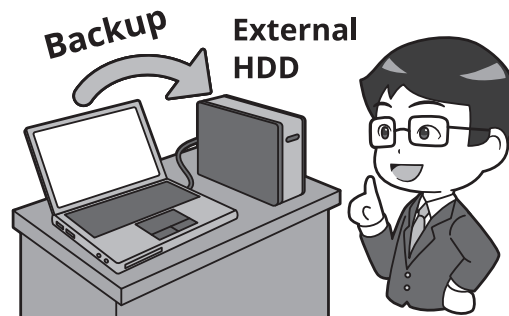
6 Make sure to screen lock your smartphones and PCs



The first step to keeping your data safe on smartphones and computers is to set screen lock. Using biometric authentication is also recommended.

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7 Be sure to backup (copy) all important data before it is lost



Even if you suffer a cyber attack, you can return things to normal with the appropriate backups.

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8 Be cautious of loss or theft of
devices & screen-peeking



When using your devices in public, be aware of the risk of shoulder surfing, as well as loss or theft of your smartphone or computer.

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9 Ask for help whenever you are
in trouble



If you suffer an attack and are unsure what to do, be sure to ask the help desk for assistance. If you suffer substantial damage, you may want to report it to the police and other relevant organizations. Make sure you know who and where to contact in advance, so you are ready in times of emergency.

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Beware of Cybercrimes and temptations for "part-time jobs" too good to be true

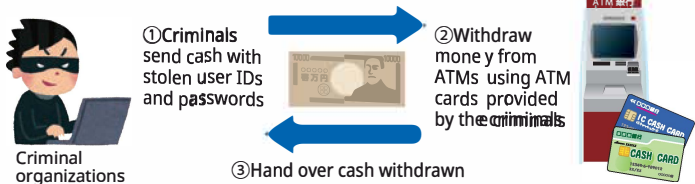
Contact Information & Websites

Cases where international students or trainees become accomplice to criminal acts.

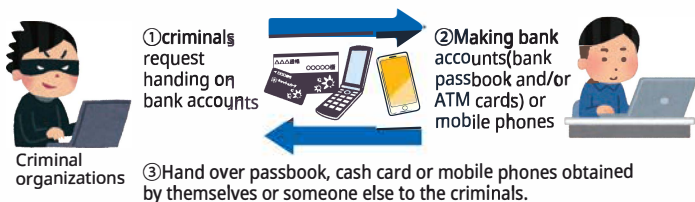
(1) Receiving items purchased online



(2) Withdrawing cash from bank accounts not belonging to the students or trainees.



(3) Students or trainees are required to sell, buy or give some bank accounts, cash cards or mobile phones obtained by themselves or someone else to others.



IPA - Information Security Safety Desk

HP : <https://www.ipa.go.jp/security/anshin/>
TEL : 03-5978-7509 (Weekdays 10:00-12:00, 13:30-17:00)
Email : anshin@ipa.go.jp

IPA - J-CRAT/Targeted Cyber Attack Help Desk

HP : <https://www.ipa.go.jp/security/tokubetsu/index.html>
Email : tokusou@ipa.go.jp

Tokyo Cyber Security Support network for small and medium enterprises (Tcyss) - SME Cyber Security Help Desk

HP : <https://www.keishicho.metro.tokyo.lg.jp/kurashi/cyber/joho/tcyss.html>
TEL : 03-5320-4773 (Weekdays 9:00-12:00, 13:00-17:00)

Prefectural Police - Cybercrime Support Desk

HP : <https://www.npa.go.jp/cyber/soudan.html>

Consumer Affairs Agency - Consumer Hot-line 188

HP : https://www.caa.go.jp/policies/policy/local_cooperation/local_consumer_administration/damage/
TEL : 188

Personal Information Protection Commission - Measures for Data Leaks & Other useful material

HP : <https://www.ppc.go.jp/personalinfo/legal/leakAction/>

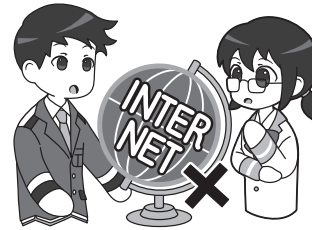
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Police station list in Gifu

Police Department	Address - TEL	Jurisdiction
Gifu Naka Police Station	〒500-8812 2-10 Mieji-cho, Gifu City 058-263-0110	Areas in Gifu City north of the Tokaido and Takayama Lines, and south of the Nagara River
Gifu Minami Police Station	〒500-8268 1-88 Akanabehishino, Gifu City 058-276-0110	Areas in Gifu City that are south of the Tokaido and Takayama Lines (excluding the Yanaizu-cho area)
Gifu Kita Police Station	〒502-0803 2-2-22 Kamitsuchii, Gifu City 058-233-0110	Areas in Gifu City north of the Nagara River
Kakamigahara Police Station	〒504-0813 2-1-3 Soharachuo-cho, Kakamigahara City 058-383-0110	Kakamigahara City
Gifu Hashima Police Station	〒501-6105 3-108 Umematsu, Yanaizu-cho, Gifu City 058-387-0110	Yanaizu-cho area in Gifu City, Hashima City, Hashima-gun
Kitagata Police Station	〒501-0431 3219-27 Kitagata, Kitagata-cho, Motosu-gun 058-324-0110	Mizuho City, Motosu City, Motosu-gun
Yamagata Police Station	〒501-2105 2383-1 Takatomi, Yamagata City 0581-22-0110	Yamagata City
Ogaki Police Station	〒503-0838 422-10 Esaki-cho, Ogaki City 0584-78-0110	Ogaki City (excluding the Kamiishizu-cho area), Ampachi-gun
Kaizu Police Station	〒503-0655 341-2 Fukuoka, Kaizu-cho, Kaizu City 0584-53-0110	Kaizu City
Yoro Police Station	〒503-1251 1149-1 Ishibata, Yoro-cho, Yoro-gun 0584-34-0110	The Kamiishizu-cho area of Ogaki City, Yoro-gun
Tarui Police Station	〒503-2124 2875 Miyashiro, Tarui-cho, Fuwa-gun 0584-22-0110	Fuwa-gun
Ibi Police Station	〒501-0603 4-5 Kamiminamigata, Ibigawa-cho, Ibi-gun 0585-23-0110	Ibi-gun
Seki Police Station	〒501-3217 106-8 Shimouchi, Seki City 0575-24-0110	Seki City, Mino City
Gujo Police Station	〒501-4211 3-3-1 Nakatsubo, Hachiman-cho, Gujo City 0575-67-0110	Gujo City
Kamo Police Station	〒505-0034 2610 Shimokobi, Kobi-cho, Minokamo City 0574-25-0110	Minokamo City, Kamo-gun
Kani Police Station	〒509-0202 2312-2 Nakaedo, Kani City 0574-61-0110	Kani City, Kani-gun
Tajimi Police Station	〒507-0054 6-65 Takara-machi, Tajimi City 0572-22-0110	Tajimi City, Mizunami City, Toki City
Nakatsugawa Police Station	〒508-0045 1-30 Kayanoki-cho, Nakatsugawa City 0573-66-0110	Nakatsugawa City
Ena Police Station	〒509-7203 514-2 Shoge, Osashima-cho, Ena City 0573-26-0110	Ena City
Takayama Police Station	〒506-0851 5-68-1 Oshinmachi, Takayama City 0577-32-0110	Takayama City, Ono-gun
Gero Police Station	〒509-2517 1572-1 Hagiwara, Hagiwara-cho, Gero City 0576-52-0110	Gero City
Hida Police Station	〒509-4252 1401 Asabirakimachi, Furukawa-cho, Hida City 0577-73-0110	Hida City

Closing: Maintaining a Good Relationship with the Internet

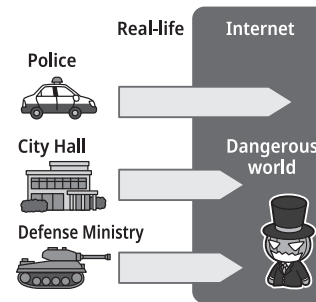
Cyberspace is not an option of the real world



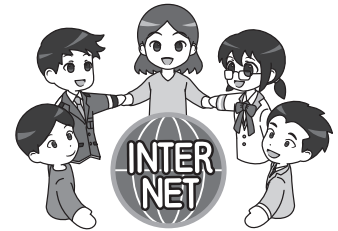
There are still dangerous areas on the internet



The internet does not yet have the social infrastructure our real world does



Safety & security is boosted when all of us encourage a wareness of cyber security



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