



Gifu Prefecture Mountain Grading

Grading of Difficulty Level by Climbing Route in the No-snow Season and Under Favorable Weather Conditions

Created by Gifu Prefectural Government
Cooperation from: Gifuken Sangaku Renmei, the Gifu Japanese Alpine Club, the Gifu Accident Prevention Association for the Northern Alps, the Accident Prevention Association for Mount Ontakesan, the Accident Prevention Association for Mount Nogohakusan, the Accident Prevention Association for Mount Enasan, and the Accident Prevention Association for Mount Hakusan

The major climbing routes (75 routes) in Gifu Prefecture are graded in terms of climber fitness level and trail difficulty level. Climbers assume responsibility for their personal safety when climbing mountains. Choose a mountain that matches your abilities. Before climbing, thoroughly check the routes, weather, hazard areas, and shelters, prepare proper equipment, and submit a mountain climbing notification form.

A larger number indicates more fitness required
Fitness level

Estimated requirements	A	B	C	D	E	
10 Suitable duration: two to three nights or more	[List of symbols] () Trailhead < > Transit point(s) in cases where the route cannot be identified on the basis of the mountain name and trailhead alone ① Traverse route in which the entrance and exit points are different ② Circuit route in which the entrance and exits points are the same but the route in between them is different		44 Mt. Hakusan (White Road Toll Gate) <North Traverse Route> *3 *5 9 Mt. Kasagatake -> Mt. Sugorokudake -> Mt. Yurigatake (Shinhotaka) 41 Mt. Hakusan (Okubo) <North Traverse Route> *3 *5 11 Mt. Kurobegorodake (Shinhotaka) <Via Koikeshindo and Mt. Sugorokudake> 43 Mt. Hakusan (Sanpoiwara Parking Lot) <North Traverse Route> *3 *5		29 Mt. Yurigatake -> Okuho (Shinhotaka) <Hida Pass>	
9	Mt. Ontakesan, Mt. Yakedake, Mt. Hakusan, and Mt. Norikuradake are active volcanoes. Check for volcano information before climbing these mountains.		40 Mt. Hakusan (Toshiro Trailhead) <South Traverse Route> *5 15 Mt. Sugorokudake -> Mt. Kasagatake (Shinhotaka) <Kasashindo> 16 Mt. Sugorokudake -> Mt. Kasagatake (Shinhotaka, Yurimi) <Koikeshindo>			
8	Northern Japan Alps Mt. Norikuradake Mt. Ontakesan Mt. Hakusan Mt. Enasan Mt. Nogohakusan Other	5 Mt. Kasagatake (Shinhotaka) <Koikeshindo>	13 Mt. Kurobegorodake -> Mt. Sugorokudake (Hietsu Tunnel, Shinhotaka) <Koikeshindo> 17 Mt. Sugorokudake -> Mt. Yurigatake (Shinhotaka) <Hida Pass>	44 Mt. Yurigatake (Shinhotaka) <Minamidakeshindo, Senjo Fork>		
7		25 Mt. Mitsumatarengedake (Shinhotaka) <Makimichi Route>	6 Mt. Kasagatake (Shinhotaka) <Kasashindo, Koikeshindo> 8 Mt. Kasagatake (Shinhotaka, Yurimi) <Koikeshindo> 27 Mt. Yurigatake (Shinhotaka) <Hida Pass> 12 Mt. Kurobegorodake (Hietsu Tunnel) *2 34 Mt. Norikuradake (Hirayu Onsen Ski Resort) *5			
6		14 Mt. Sugorokudake (Shinhotaka) <Koikeshindo>	4 Mt. Kasagatake (Shinhotaka) <Kasashindo> 1 Mt. Okuhotakadake (Shinhotaka) 7 Mt. Kasagatake (Shinhotaka, Yurimi) <Kasashindo>			
5		30 Mt. Norikuradake (Adanogo) *1 *5 47 Mt. Enasan (Maemiya Trailhead)	31 Mt. Norikuradake (Aoya, Tatamidaira) *5 33 Mt. Norikuradake (Norikura Seishonen Koryu no Ie, Tatamidaira) 35 Mt. Ontakesan (Ciao Ontake Mount Resort) *5 10 Mt. Kitanomatadake (Hietsu Tunnel) 2 Mt. Okumaruyama (Shinhotaka) <Migimata, Hidarimata>	22 Mt. Nishihotakadake -> Mt. Yakedake (Shinhotaka Ropeway, Nakao) *4		
4		52 Mt. Okusangai (Yumoriokenguchi) *1 67 Mt. Nabekura (Kasuga Morimori Village) 68 Mt. Fukube (Kuchitayama Shrine) *1	36 Mt. Ontakesan (Nigorigo) *5 61 Mt. Kohideyama (Ninotaniguchi) 45 Mt. Myohozan (Okubo) *1 3 Kagami-Daira (Shinhotaka) <Koikeshindo> 37 Mt. Sanpokuzureyama (Shiramizu no Yu) *1 48 Mt. Enasan (Misaka Pass Trailhead) 46 Mt. Enasan (Kuroisawa Trailhead)	42 Mt. Hakusan (Oshirakawa Onsen) *5 26 Mt. Yakedake (Nakao Trailhead) *5		
3		64 Mt. Shirakusa (Norimasa-yuya) 71 Mt. Marukuro (Norikura Seishonen Koryu no Ie) 38 Mt. Choshi (Toshiro Trailhead) 70 Mt. Funabuse (Ainomori) 51 Mt. Ikeda 55 Mt. Kaore (Kaoredake Trailhead) 63 Mt. Sanshu (Sanshugatake Trailhead)	50 Mt. Nogohakusan (Nogodani Trailhead) 39 Mt. Nodanishojiyama (Okubo) 18 Mt. Terajiyama (Hietsu Tunnel)	21 Mt. Nishihotakadake (Shinhotaka Ropeway) *4		
2		24 Mt. Fuji (Fukuji-onsenue) 53 Mt. Ozugongen (Ozu Sugitanirindo Hiroba) 60 Mt. Gozen (Yongome Trailhead) 72 Mt. Mominuka (Amou Pass) 59 Mt. Koka (Koka Shrine Parking Lot) 62 Mt. Samon (Neohigashidani) 65 Mt. Dainichi (Dynaland Ski Resort) 58 Mt. Kurai (Mont Deus Hida Kuraiyama Snow Park) 19 Mt. Tengai (Yamanomura Camp Site) 56 Mt. Kanakusa (Kanmuriyama Pass) 74 Mt. Yoro (Yorosan Noboriguchi) 75 Mt. Washi (Kuwagatanirindo Shuten) 57 Mt. Kabura (Rentaino-oka Park) <Cedar Course> 54 Mt. Kaizuki (Chojadaira Camp Site, Fureainomori Park) 49 Mt. Nogohaku (Nukumi Pass) 73 Mt. Yanadani (Yanadanayama Trailhead) 69 Mt. Futatsumori (Kirikoshi Pass)	23 Mt. Nishihomaruyama (Shinhotaka Ropeway) *4 32 Mt. Norikuradake (Tatamidaira) *5	20 Doppyo (Shinhotaka Ropeway) *4		
1		66 Mt. Takatawa (Takatawasan Trailhead)				
	A ★	B ★★	C ★★★	D ★★★★	E ★★★★★	

Choose a mountain that matches your level!
Make sure to submit a mountain climbing notification form!



[Notes regarding fitness level]

*1 The fitness level required for this route is 4 to 5 (suitable duration: one night or more). Note that since the route has no huts or tenting sites for staying overnight, some climbers may not be able to get down the mountain before sunset.

*2 The fitness level required for this route is 7 (suitable duration: one to two nights or more). Note that the route only has one hut and tenting site for staying overnight (Kitanomata Shelter Hut).

*3 The fitness level required for this route is 10 (suitable duration: two to three nights or more). Note that the route only has one hut and tenting site for staying overnight (Gomadaira Shelter Hut).

*4 This route involves taking the Shinhotaka Ropeway. Check the ropeway timetable in advance so that you can create a manageable climbing plan.

*5 This route is located on an active volcano or a mountain near a volcano. Check for volcano information before climbing these mountains.

Technical difficulty level The difficulty level increases from left to right

Trail conditions	A	B	C	D	E
◇ Generally well maintained. ◇ Possibility of falling or slipping down is low even if you fall over. ◇ Possibility of getting lost is low.	◇ Requires traversing waterfalls, cliffs, and in some places, snow gorges. ◇ Includes steep paths. ◇ Includes places where the route is difficult to see. ◇ Includes places where falling over may lead to accidents, such as falling or slipping down.	◇ Includes areas with ladders and chains, and in some places, areas with snow gorges and wading points. ◇ Includes places where mistakes may lead to accidents, such as falling or slipping down. ◇ Includes places where information signs are inadequate.	◇ Includes steep rock ridges and unstable screes, areas with ladders and chains, places that require wading through dense thickets, and in some places, snow gorges and wading points. ◇ Includes steep paths that require you to use your hands. ◇ Artificial assistance, such as ladders, chains, and information signs, is limited, and the trail includes numerous places where there is a risk of falling or slipping down.	◇ Involves climbing and descending numerous steep screes under intense conditions, and includes continuous points where there is a risk of falling or slipping down. ◇ Includes areas that may require continuously wading through dense thickets.	
◆ Mountain climbing gear is required.	◆ Experience in mountain climbing is required. ◆ It is preferable to have map reading skills.	◆ Map reading skills and physical ability that allows for traversing areas with ladders and chains are required.	◆ Map reading skills and balancing skills that allow for stably traversing rocky areas and snow gorges are required. ◆ Route finding skills are required.	◆ Map reading skills and balancing skills that allow for stably traversing rocky areas and snow gorges are required. ◆ Route finding skills and a high level of judgement are required. ◆ Some climbers may need to use a rope to ensure safety.	
[Terminology] ○ Yabukogi: Wading through dense thickets of bamboo, shrub, and other plants with your hands ○ Map reading skills: Skills necessary to locate your position on a map and identify a route to the destination ○ Route finding: To identify the safest route to get through an area not covered by the trail or where the trail is difficult to find					

(The fitness levels were assessed in terms of total course time, route length, and cumulative difference in altitude, among other criteria, on the basis of the research findings of Professor Masayoshi Yamamoto of the National Institute of Fitness and Sports in Kanoya.)

<Notes>

- This table shows the grading of the fitness level and difficulty level related to route-specific topographical features in the no-snow season and under favorable weather conditions. Actual mountain climbing entails various risks caused by bad weather, snowpacks, physical condition, and other incidental factors in addition to fitness level and difficulty level, and requires a plan that takes into account such risks.
- Trails may be restricted or altered due to earthquakes, landslides, avalanches, and other natural phenomena. Therefore, you should check the trail conditions beforehand at a mountain hut or the nearby police station.
- A single mountain may have multiple routes with the same trailhead. Therefore, make sure to check your route in advance.
- Make sure that you are accompanied by an experienced person when going on a higher-ranked trail for the first time. This applies to all ranks.
- The table includes relatively commonly used climbing routes in Gifu Prefecture, especially those listed in the 100 Famous Mountains of Gifu, but is not necessarily intended as a recommendation to climbers. The table includes climbing routes that are not fully established and/or maintained. The content herein does not guarantee that you can use the climbing routes or reach the peak, and does not guarantee your safety when climbing. When mountain climbing, make sure you are fully prepared before starting the climb. We cannot be held responsible for any accidents that may occur in the routes described herein.